

Philly Hiking Beauties
&
Upper Darby Recreation

LITTLE HIKING BEAUTIES PROGRAM

 **NAYLOR'S RUN
RECREATION AREA**

STEP INTO A FUN
ADVENTURE! GET READY
TO EXPLORE, LEARN &
GROW!

For Girls 5-12 years old
(Kids will be grouped by ages)

Join us for our Little Hiking Beauties Program and let your beauties create lifelong memories while growing and thriving in nature, helping them to become experienced hike leaders and peer educators.

- FREE Registration
- Hiking
- Nature Scavenger Hunts
- Gardening
- Health & Nutritional Education
- Nature Journaling
- Team Building

ABOUT PHB



Philly Hiking Beauties is a nonprofit women's hiking group devoted to health and community. They offer weekly hikes, fitness challenges, social activities, travel experiences, and philanthropic opportunities.

PROGRAM

- Free 10-week program
- Launch week: April 16-19 (9:30am-12pm)
- Then bi-weekly on Saturday mornings (9:30am-1pm)
- All equipment included except closed toed shoes.
- See website for full schedule

SIGN UP

Visit:
<https://www.phillyhikingbeauties.com/new-page> and complete the form at the bottom of the page.



Email
phillyhikingbeauties@gmail.com
recreation@upperdarby.org



Location
Naylor's Run Recreation Area
Park entrance is located across from
1550 Garrett Rd, Upper Darby, PA 19082



**UPPER DARBY
Recreation**